



# Boshack Outback

**Taste, Touch & Feel the Real Australia**

90 minutes from Perth, Western Australia

**Tryaldo Pty Ltd**

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## Boshack Overseas Student Camp Program (5 Days 4 Nights)

### Includes

Accommodation: 4 Nights Humpy/Safari Tent

Meals: 4 Breakfasts, 4 Morning Teas, 4 Lunches, 4 Afternoon Teas and 4 Dinners

Activities:

- 3 Days of activities at Boshack (5 hours per day)
- Shopping stop, and Perth city and King's Park tours (2 hours) – includes city guide

Transport: All return transfers between airport, Boshack, Perth city and tours

### Highlights

**Aboriginal Dreamtime and Didgeridoo Playing:** Experience the ways of the early pioneers from thousands of years ago. Sit in the oasis environment amongst the paper bark forest. Blow the **Aussie didgeridoo** - see if you have the power. Some can do it, many can't.

**Australian Bush Tucker:** Enjoy our **Aussie billy tea and damper scones with jam and cream** in true bush style. Make your way to our peaceful Bush Tucker area and reflect while sampling **emu, kangaroo and emu meat**. Relax and take in the forest surroundings and enjoy the **hayride** back.

**Boshack Outback Experience:** Watch a demonstration of **boomerang throwing** and then have a go yourself. Does the boomerang come back? See if you can throw it right in this true Outback experience. Get up close and personal with some beautiful **farm animals and hand feed them**. Also try your luck at **Water Divining**. Can you locate water in the bush?

**Bush Chocolate Tasting and Witchetty Grub:** Traditional Aussie nuts and local honey made into a bush chocolate to test your taste buds. Witchetty Grubs is an aboriginal protein worm and is considered a sweet delicacy for tasting.

**Challenge on the Lake:** In teams, each individual will be a farm/bush animal attempting to cross the lake with certain challenges to overcome during their journey. The objective is for the individual to take all team members (animals/grain) in the canoe to the other location.

**Design/Plan and Build a Bush Shelter:** In teams, plan and decide on a design for your bush shelter. Using your imagination, build your bush shelter from materials that you can find in the bush.

**Early Pioneer and Aboriginal History:** The setting in the paper bark forest goes back thousands of years. It was the perfect relaxing area in early life when there was no air-conditioning in the hot weather.

**Farm Walk:** See what we are doing to rectify the problems of land degradation from 50 years ago. The clearing of land led to higher water levels and brought salt closer to the surface. This

resulted in stopped growth of flora. Experience nature at its best and breathe the fresh air that is the result of photosynthesis.

**Lifestyle and Culture of our Forefathers:** A talk on how our ancestors lived and experienced the outback. Listen to how they survived in the harsh bush environment.

**Net Fishing:** Try your hand at Net Fishing from the shores of the lake and see what creatures we have swimming in our waters.

**Obstacle Course:** Boshack's obstacle course is a series of challenging physical obstacles in which individuals or teams must navigate through. This obstacle course includes running, climbing, jumping, crawling and balancing elements with the aim of testing endurance and your team's communication skills.

**Orienteering – Land and Water:** For land orienteering, navigate your way through the bush with a map. Retrieve the hidden story of Boshack. Next, try your hand at lake orienteering on our fresh water lake. Maneuver your way between the trees to find the secrets to the rest of the Boshack story.

**Paper Bark Forest Walk and Historic Well:** A 50 meter walk through the cleanest and freshest air one can experience. Visit one of the original settler's water holes which provided the freshest of water.

**Raft Building:** In groups of three, use bush materials to create a small raft to race against other teams.

**Rap/Sing or Write a Poem:** In Humpy groups, rap/sing or write a poem about your adventures at Boshack. You will perform to the rest of the group on the second night. So get to work and combine your best dance moves with your fabulous Boshack lyrics.

**Relay on the Lake:** Team event for the whole group combining all skills learnt during time at Boshack

**Sketching:** Bring home with you a memoir of your time at Boshack by sketching something from our natural environment.

**Sustainable in Nature:** Learn more about how Boshack uses the natural environment like solar energy for electricity, organic gardens, worm farm and the aquaponic fish farm.

**Team Building:** The exercises consist of a variety of tasks designed to develop team members and their ability to work together effectively. The purpose of the exercises is to assist teams in becoming cohesive units of individuals that can effectively work together to complete tasks. (Limited Senses, Handcuffs, Guard your Treasure)

**Tracking:** Make a trail for your team to find you. How will you achieve this? Learn how to read tracking signs.

**Yabbi Netting:** The bush freshwater crayfish was an alternative to the meat diet in the bush. This crayfish is very similar to the ordinary crayfish that is caught from the sea.

## Programme

### Day 1

1pm	Airport Pickup
1.30pm	Chocolate Factory – tasting and short stop
2.30pm	Orange Orchard – tasting and short stop
4pm	Arrive at Boshack Bushwalk
4.30pm	Afternoon Tea
5pm	Introduction to Boshack Camp and our environmental footprint Tour of lakeside camp and fire drill
5.30pm	Settle into Humpies Shower Set up for Dinner
7pm	Dinner
8pm	Campfire under the stars and sing-a-long
9.30pm	Bedtime

### Day 2

7.30am	Rise and Shine
7.45am	Breakfast
8.45am	Farm Walk
9.15am	Boshack Outback Experience - farm animal feed, boomerang throwing, Water Divining Aboriginal Dreamtime and Didgeridoo Playing Bush Chocolate Tasting and Witchetty Grub Early Pioneer and Aboriginal History Lifestyle and Culture of our Forefathers Paper Bark Forest Walk and Historic Well Yabbi Netting Australian Bush Tucker Morning Tea
12.30pm	Lunch
1pm	Challenge on the Lake
2pm	Raft Building or Sketching and Sustainable in Nature
3.30pm	Afternoon Tea

6pm	Diary writing Self Co-ordinated Option Time Shower Set up for dinner Dinner
8pm	Night walk (30 min)

### Day 3

7.30am	Rise and Shine
7.45am	Breakfast
9am	Obstacle Course
10am	Scavenger Hunt
10.30am	Morning Tea
10.45am	Team Building
12.15pm	Lunch
1pm	Demonstration on different knots for challenges to come
1.30pm	Design/Plan and Build a Bush Shelter
3pm	Afternoon Tea Self Co-ordinated Option Time
4.30pm	Diary Writing Shower Set up for Dinner
6pm	Dinner Self Co-ordinated Option Time

### Day 4

7.45am	Rise and Shine
8am	Breakfast
9am	Relay on the Lake
10am	Morning Tea
10.15am	Tracking
11.15am	Use your creativity to design a Miniature Boshack

12pm	Lunch
1pm	Orienteering – Land and Water
2.30pm	Net Fishing Rap/Sing or Write a Poem
3.30pm	Afternoon Tea Self Co-ordinated Option Time
4.30pm	Shower Set up for Dinner
6pm	Dinner
8pm	Boshack Song/Poem Performance and Talent Show

### Day 5\*

6.30am	Rise and Shine Pack bags, clean out Humpy and get ready for departure
7.30am	Breakfast
8.30am	Depart Boshack
10.30am	Arrive in Perth city and King's Park – short stop and morning tea
11am	Arrive in Harbour Town for shopping
1pm	Coach pickup for Lunch
2.30pm	Depart for Airport
3pm	Arrive Airport

\* Day 5 can be adjusted to fit in with flight departure times.

### Notes

- Each Humpy/Safari Tent sleeps 4 to 5 students.
- Separate male/female accommodation for teachers.
- Student participation in serving and tidying up after meals is a part of the Boshack experience. 3 to 4 children available for each main meal would be appreciated.
- If you need suggestions for the Self Co-ordinated Option Time, do enquire.
- Schedule and activities may change slightly due to weather or unforeseen circumstances.

### Important

Before your camp experience, remember to provide Chrissy with your mobile. Please call or text Chrissy before departing Toodyay to confirm arrival. There is no digital mobile range past Toodyay. Chrissy can be contacted at 0408 005 628 (Australia) or +61 4 0800 5628 (International).